

ABSTRACT

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The Resilience Overview of Middle-Aged Woman who Diagnosed with Hyperthyroid (Dr. Monty P. Satiadarma, MS/AT, MCP/MFCC, DCH, Psi & Naomi Soetikno, M.Pd, Psi.); Undergraduate Program in Psychology, University of Tarumanagara, i-x, Page 1-72, P1-P4, L1-L16.

The purpose of this research is to get descriptions of middle-aged woman who is diagnosed with Hyperthyroid. Middle-aged woman having a lot of changes physically and psychologically. In this research, those women who diagnosed with hyperthyroid having a terrible condition because of the symptoms that they feel in their body. With some physical changes that those women have, they need abilities to facing the pain inside and outside her body. Grotberg (1999) describes that resilience is individual capacity to facing, to overcome, to encourage oneself, and to make changes when the pains come. There are four subjects in this study which researched by qualitative method and in-depth interview. The result of this study shows that three subjects are having resilience when facing changes in their body and pressure in their life, whereas one subject doesn't have resilience. They need to have control, commitment, and thought about those changes are their challenge to have be resilience.

Keyword : hyperthyroid, woman, resilience