

ABSTRACT

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The Behavior of Altruism Relationship with Psychological Well-Being in Early Adulthood Natural Disaster Volunteers (Dr. Fransisca Iriani R. D, M.Si); Undergraduate Program in Psychology, Tarumanagara University. (75 pages, R1-R5; Appdx. 1-59).

Altruism behavior is behavior that is done on a voluntary basis to help others for the sake of humanism and give benefit to the people helped. Every volunteer is expected to have an altruism behavior. If volunteer have a high altruism behavior, then there is a tendency of psychological well-being is high. The purpose of this research is to know the behavior of reflection and psychological altruism volunteers well-being of natural disasters, and to test the behavior of altruism relationship with psychological well-being disaster volunteers. Quantitative approach to data collection techniques using questionnaires used in this study. This study participants were 150 natural disasters in various volunteer organizations environmentalists and volunteer organizations. Data acquisition started at 27 September to 28 October 2012. The result of this study shows that there is a positive and significant relationship between altruism and psychological behavior of well-being ($r = 0,578$ and $p < 0.001$). The higher the behavior of altruism, the higher the psychological well-being disaster volunteers. Another finding shows that there are differences in male and female volunteers altruism behavior ($t = -6136$ and $p < 0.001$). Similarly, the volunteer men and women differ in psychological well-being ($t = -5176$ and $p < 0.001$).

Keywords: Altruism Behavior, Psychological Well-Being, Volunteers