

ABSTRACT

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The Role of Social Support to The Self-Actualization in Late Adulthood. (Widya Risnawaty, M.Psi, & Dra. Ninawati, MM.). Undergraduate Program in Psychology Tarumanagara University. (107 Pages, R1-R3, Apppdx 1-Apppdx 24).

The late adulthood people is usually identical with the physical and psychological problems rather than their successful aging. There is also prejudiced behavior of a society against older adults or negative stereotyping of the elderly which called ageism. Based on that fenomenology, this research examine older adults who can survive from their aging problems or assumed that they can actualized themselves. Maslow states that the need of self-actualization can be reached if the person has fullfiled their previous social needs. A man as social human can not live alone. And so the older adults can not obtain their self-actualization by themselves. This research is try to seek about the role of social support to the self-actualization in late adulthood. This research use qualitative method with interview technical. The interview was proceeded on November 6, 2008 until Februari 22, 2009. The result shows that actualized elder are getting the five kind of social support. Social support make actualized elder feels that they are accepted and motivated to be productive in their late-life.

Keywords: Social Support, Self-actualization, Late Adulthood