

DAFTAR PUSTAKA

- Andi, S. C., Dela, M., Pratiwi, A., & Pangestika, A. (2021). Efek Forest Bathing pada Kardiovaskular, Respon Inflamasi, Psikologi, dan Neurologi: Sebuah Tinjauan Sistematis. *UMI Medical Journal*, 6(2), 108–122. <https://doi.org/10.33096/umj.v6i2.159>
- Bear, J. (2012). *Interiors That Reduce Patient Anxiety, Depression*. Health Care Interior Design.
- Chen, Z., & Zhao, M. (2022). *Research and application of furniture layout and its psychological effect in hotel customization*. <https://api.semanticscholar.org/CorpusID:252275690>
- Ching, F., & Corky, B. (2018). *Interior Design Illustrated*. John Wiley & Sons, Inc.
- CNN. (2021). *12 Aktivitas Pereda Stress*. CNN INDONESIA.
- Daya Arisma, S., & Ismansyah, F. (2023). IMPLEMENTASI WARNA PADA INTERIOR PUSAT KOMUNITAS PEMERHATI KANKER PADA ANAK SEBAGAI ELEMEN TERAPI DAN KECERIAAN. *JURNAL DESAIN DAN ARSITEKTUR*.
- DuBose, J., MacAllister, L., Hadi, K., & Sakallaris, B. (2018). Exploring the Concept of Healing Spaces. In *Health Environments Research and Design Journal*. <https://doi.org/10.1177/1937586716680567>
- Firth, K., Smith, K., Sakallaris, B. R., Bellanti, D. M., Crawford, C., & Avant, K. C. (2015). Healing, a concept analysis. *Global Advances In Health and Medicine*. <https://doi.org/10.7453/gahmj.2015.056>
- Gökçakan Çiçek, N., & Gökçakan, K. (2016). Characteristics of colours, interior design and their psychological and physiological effects. *Turkish Online Journal of Educational Technology*, 2016(NovemberSpecialIssue), 425–430.
- Häyrynen, L., Toppinen, A., & Toivonen, R. (2020). Finnish young adults' perceptions of the health, well-being and sustainability of wooden interior materials. *Scandinavian Journal of Forest Research*, 35(7), 394–402. <https://doi.org/10.1080/02827581.2020.1813798>
- Heritage Design Interior. (2023). *HOW INTERIOR DESIGN IMPACTS YOUR MENTAL HEALTH*. Heritage Design Interior.

- J. Whitehead. (2017). Creating Interior Atmosphere: mise-en-scène and interior design. In *Interiors*. Bloomsbury Publishing.
<https://doi.org/10.1080/20419112.2019.1616925>
- Kilmer, R. (2014). *Designing Interior* (2nd ed.). John Wiley & Sons, Inc.
- Kligler, B., Homel, P., Harrison, L. B., Sackett, E., Levenson, H., Kenney, J., Fleishman, S. B., Serra, D., & Merrell, W. (2011). Impact of the urban zen initiative on patients' experience of admission to an inpatient oncology floor: A mixed-methods analysis. *Journal of Alternative and Complementary Medicine*. <https://doi.org/10.1089/acm.2010.0533>
- Monata, R. S., Yazid, M. F., & Carolina, V. (2022). Analisis Penerapan Material Lokal Elemen Interior Homestay Peraja Coffee & Bungalow Di Desa Loyok, Lombok Timur. *Jurnal Ilmiah Desain & Konstruksi*, 21(2).
<https://doi.org/10.35760/dk.2022.v21i2.7329>
- Monica, A., & Darmayanti, T. E. (2022). Peran Warna Desain Interior terhadap Perasaan Tenang Pengunjung SPA “Martha Tilaar.” *Waca Cipta Ruang*, 8(2), 87–91. <https://doi.org/10.34010/wcr.v8i2.6114>
- Musradinur. (2016). Stres Dan Cara Mengatasinya Dalam Perspektif Psikologi. *JURNAL EDUKASI: Jurnal Bimbingan Konseling*, 2(2), 183.
<https://doi.org/10.22373/je.v2i2.815>
- Oxford University Press. (2021). Oxford Languages and Google - English. In *Oxford Languages*.
- Rebecca, M. (2019). Healing Spaces, Modern Architecture, and the Body. *Fabrications*.
- Ritchie, H., & Roser, M. (2020). Mental Health - Our World in Data. *Mental Health*.
- Rokom. (2021). *Kemenkes Beberkan Masalah Permasalahan Kesehatan Jiwa di Indonesia*. Kementrian Kesehatan.
- Sartorius, N. (2006). The meanings of health and its promotion. *Croatian Medical Journal*, 47(4), 662–664.
- Sekarningrum, D. A., Daffa, M. G., Rojavi, T. O. I., & Wijaya, I. B. W. (2019). Penerapan Konsep Natural Melalui Maksimalisasi Pencahayaan Alami Pada Ruang Interior. *Lintas Ruang: Jurnal Pengetahuan & Perancangan Desain*

Interior, 7(2), 29–37.

Setiawan, B., & Ruki, U. A. (2014). Penerapan Psikologi Desain pada Elemen Desain Interior. *Humaniora*, 5(9), 1251–1260.

Veronica, E., Ismanto, A., & Nayadilaga, A. R. (2022). Pengaruh Pencahayaan Buatan Terhadap Citra Interior Dutamas Sport Center. *Mezanin*, 5(1).

Wulandari, H. (2014). Eksplorasi Pengalaman Panca Indera untuk Perancangan Interior. *Dimensi Interior*, 12(2), 85–90.
<https://doi.org/10.9744/interior.12.2.85-90>