

ABSTRACT

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Relationship between Self-Efficacy and Subjective Well-Being for Overseas New College Students (Case Study on X University in West Jakarta); Agoes Dariyo, M.Psi., Psi., & Debora Basaria, M.Psi. Undergraduate Program in Psychology, Tarumanagara University, (i-xii, 68 pages, R1-R4, Appdx 1-36).

Self-efficacy is people's beliefs in their capability to completing their task. High and low in self-efficacy related to people's satisfaction and happiness which referred to subjective well-being. The aim of this research is to know the relationship between self-efficacy and subjective well-being for overseas new college students. The subject in this research are 228 college students in first year with aged 17 to 21 years old. This is quantity research with non-experiment and using convenience sampling. The process of collecting data lasts for four weeks at April 16th until May 8th, 2018 in X University by distributing questionnaires of self-efficacy from Bandura and subjective well-being from Diener. This questionnaires was adopted from Field of Research and Measurement Faculty of Psychology, Tarumanagara University. The result has showed that there are positive and significant correlation between self-efficacy and subjective well-being with $r = 0.219$ and $p = 0.001$. The conclusion of this research is the higher self-efficacy on college students is higher subjective well-being, and so the opposite.

Keyword : Self-Efficacy and Subjective Well-Being.