

ABSTRAK

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Relationship between Academic Anxiety with self-regulated learning towards students in X and Y High Schools. Sesilia Monika, M. Psi dan Erik Wijaya, M. Si. Program Studi S-1 Psikologi, Universitas Tarumanagara

Passing Grade shows the tightness of competition and its standard in a school. As an outcome, students in the particular school have a tendency to experience academic anxiety. Students are expected to have a good self-regulated learning in order to overcome this problem. This research aims to discover relationship between academic anxiety with self-regulated learning towards high school students of X and Y. The total participant of this research are 312 students. This research were using non-probabilty sampling. The results of this research show that there are negative and significant relationship ($r = -0,348^{**}$, $p = 0,000 < 0,05$) between academic anxiety with self-regulated learning.

Keywords: academic anxiety, self-regulated learning, passing grade