

## ABSTRACT

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*The Description of Psychological Well Being Among Middle Adult Single Women Who Adopting Child; Dr. Francisca Iriani R, M.Si.; Undergraduate Program in Psychology, Tarumanagara University, (i-ix; 103 pages; R1-R4; Appdx 1-17)*

*In modern life nowdays, women are open up opportunities to pursue education, achieve employment, and have their own income. This condition makes women more focus on career and most of them are prefer to live alone. This matter resulted in the shifting of the ideal age to get married in community. Loneliness is the problems facing women who are live alone. The way to get over the loneliness, by adopting the child. Adopting child can make single women felt her life more meaningfull, have a purpose in life that is more targeted, and having a place to pour her love. It affects the achievement of the psychological well-being of single women who adopt a child. This research aims to the description of psychological well-being among middle adult single women who addopting child. This study used qualitative method with indepth interviews. In this study there were 4 participants. There're a single woman who has never married aged 40-60 years who have adopted child at least two years. The results showed that the four subjects can achieve dimensions of the purpose in life, positive relations with others, and autonomy. Meanwhile, the dimensions of self-acceptance, personal growth, and environmental mastery are less able to meet all the criteria therein. This research also shows that the adoption child can reduce the factor of loneliness experienced women who live single. However, one subject still feel*

*lonely because they have other things to overcome loneliness, which have*

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