

ABSTRACT

Cindy Frencya Halim (705120102)

The Relationship between Psychological Well-Being and Loneliness among Overseas Student. Agoes Dariyo, M.Si., Psi. Undergraduate Program in Psychology, Tarumanagara University, (i-x, 59 pages, R1-R5, Appdx 1-27).

At recent days, many overseas students study in Java island because education quality in Java is better than other island in Indonesia. Moving to the new place can possible caused someone to become loneliness. In previous research, there is possible relationship between psychological well-being and loneliness. Hence, the aim of this research is to investigate the relationship between psychological well-being and loneliness especially among overseas student. This research is quantitative research with accidental sampling technique for the sample of research. The sample of this research is 18-21 years old overseas students who is live in Jakarta. Data were collected with standardized questionnaire that contains psychological well-being scale by Ryff and loneliness scale. The questionnaires were administrated to 405 participants comprises 108 male and 297 female respectively that were randomly selected across University in Jakarta. The finding of this research indicated that psychological well-being is correlated with loneliness among overseas student (correlated range $r= -0.659$ and $p=0.000<0.005$). Hence, psychological well-being has negative correlation with loneliness and each dimension of psychological well-being also has negative correlation with loneliness.

Keywords: Psychological well-being, loneliness, and overseas student.