

ABSTRACT

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Psychological Well-Being of Man on Young Adulthood Stage After Death of Father (Based on Ryff's Theory). (Meiske, Y. Suparman, M.Psi.); Undergraduate Degree In Psychology, (i-xii, 119 page, P-1 – P-4, L-1 – L-26)

Death is absolute fact who cannot be avoided by all living thing. Generally everyone hopethat their parents can live longer and death by aging in a normal circumstances, but when the fact said different thing which is death of father come faster than individual expectations, that can be have a negative impact for psychological wellness or psychological well-being. The unexpected death of parent could be a challenges for his life. Basically psychological well-being focused on how the person face the challenge of life. Individual who can't faced the challenge of life with an appropriate coping, tended to be defenseless and not have a spirit for fight and face the real situation, so he won't achieveda psychological wellness. The main purpose of this research is for find out or acknowledge psychological well-being of man on young adulthood stage after the death of father. The research subject was four people, with a range of age from 20-40 years old, the death of father have been passed away within 2-10 years old. The research took time from 11th February 2016 until 13 April 2016, the result of the research is showing that man on adulthood stage after the death of father have good psychological well-being based on Ryff's theory (1989).

Keywords: psychological well-being, death, father, bereavement