ABSTRACT

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The Correlation Between Self-Regulated Learning And Anxiety With Academics Procrastination In Final Level Students; Sesilia Monika, M.Psi & Erik Wijaya, M.Si. Undergraduate Program in Psychology, Tarumanagara University, (i-xiii; 53 pages , R1 - R3 , Appdx 1-61).

Academic procrastination is the tendency of individuals to postpone the assigned task. The reason they do academic procrastination because there is the presence of anxiety, which can be temporary (state anxiety) or relatively stable (trait anxiety) and the lack of ability to self-regulated learning. The purpose of this study was to determine the relationship between self-regulated learning and anxiety with academic procrastination in final level students. This correlational study using stratified random sampling method. The results of hypothesis testing using Pearson Correlation, shows the relationship of self-regulated learning and academic procrastination $r(258) = -0.554; p < 0.01$. The relationship of academic procrastination and state anxiety shows $r(258) = 0.225; p < 0.01$. The relationship of academic procrastination and trait anxiety shows $r(258) = 0.397; p < 0.01$. The research hypothesis is proven.

Keywords: self-regulated learning, anxiety, academic procrastination