

ABSTRACT

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Resilience of Mother Who is Parenting Children with Down Syndrome,
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Sometime people have met the difficulties since childhood to adulthood, so they need resilience to deal with it. Grotberg (1995) defines resilience as the capacity which is owned by an individual, group or community to prevent, to minimize or to overcome the bad effects of difficulties. One of the developmental tasks in the middle of adulthood, especially for women after married and have children is parenting as mothers. Sometimes mothers will find it difficulties in parenting their children, especially for mothers parenting children with Down syndrome condition. The purpose of this study was to determine the resilience of mothers who are parenting children with special needs, especially children with Down syndrome.

This study use qualitative method with in-depth interviews to collect the data. This study lasted for five months, from August to December 2013. This study found out that all subjects has resilience in parenting, even though with Down syndrome children condition, but they have the differences in resource and factor of resilience.

Keywords: resilience, parenting and down syndrome.