

**Abstract**

*Obsessive compulsive disorder (OCD) is an anxiety disorder that makes people who experience excessive anxiety necessarily to do something to relieve the anxiety. Some researchers showed that women who have OCD are likely to report themselves than men. The purpose of this study was to determine the impact of OCD whether can affect performance and social interactions that occur in young adult women and this study using qualitative method. Data collection was conducted in Jakarta and obtained based on interviews from the three young adult female in the age group 22 to 23 years old as respondents. The result of this study showed that the higher level of OCD does not affect performance and social interactions. This result based on the data that showed respondent A who has a rate of severe OCD are able to manage time properly so she could complete her task on time. Otherwise, respondent D who has a rate of moderate OCD doing repeated checks slow her down in terms of time efficiency.*

*Keywords: Obsessive compulsive disorder, Performance, Social Interactions, and Young Adulthood.*

---

<sup>\*)</sup> Penulis pertama adalah alumnus Program S1 Psikologi Universitas Tarumanagara (email: dinnisofyan@gmail.com), penulis kedua dan ketiga adalah staf pengajar pada Fakultas Psikologi Universitas Tarumanagara (email: angiedenrich@yahoo.com, riana1123@gmail.com)