

ABSTRACT

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The relationship between academic self-efficacy with self-adjustment of boarding school student; Sesilia Monika, M. Psi & Erik Wijaya, M. Si. (i-xi, 1-68 pages, R1-R5, L1-L38)

The aim of this research is to find out the correlation between academic self-efficacy and self-adjustment of boarding school students. Academic self-efficacy is the belief that one relates to the ability to perform academic tasks, overcome academic challenges, and achieve the desired goal. In the boarding school environment, the adjustment also needed to be able to achieve a balance and satisfying relationships with others and with the environment. The subject in this research are high school student, between 15-16 years old and is in class X of boarding school. The data were taken by questionnaires and data processing using the Pearson Correlation processed through SPSS 19.0 version. The result of this research show score $r = 0.339$ and $p = 0.000 < 0.05$. It means that there is a positive correlation and significant between academic self-efficacy with the adjustment of boarding school students.

Keywords: Academic Self-Efficacy, Self-Adjustment, Boarding School Student