

ABSTRACT

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***Psychological well-being* for Young Adult Women who Married with Younger Man (Sandi Kartasasmita, M.Psi & Widya Risnawaty, M.Psi); Undergraduate Program in Psychology. Tarumanagara University, (83 pages, L-1-L-13).**

At present time the number of women whom are married with younger aged men are increasing, that increase is creating much pro and contra in some societies. The purpose of this research is to get a picture of a *Psychological well-being* of women who married younger men, using Ryff theory as the base of; a) Self Acceptance, b) Positive Relation with Other, c) Autonomy, d) Environmental Mastery, e) Purpose in Life, f) Personal Growth. This research involved three subjects, who were all women, who were married to younger men. These interviews were conducted between end of August 2011 till October 2011. The research showed that two out of three women were able to achieve *psychological well-being* while the other one subject was not able to achieve it completely. This concluded that *psychological well-being* can be achieved if someone is able to arrange her surroundings well, knowing for sure what to do to get something that he/she expects.

Key words: Psychological Well-Being, woman, man, marriage