

ABSTRACT

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Overview of Social Support and Psychological Well-Being in Middle Adulthood that Her Husband had an Affair. (Dr. Fransisca Iriani, M.si and Riana Sahrani, Psi., M.si) Undergraduate Program in Psychology, Tarumanagara University; (96Pages, R1-R3, Appdx1-Appdx20).

Infidelity is a problem that can cause destruction of a marriage. Infidelity can also give negative effects to the victims. They will be very sad, angry, disappointed, stressed out, depressed, and even commit a suicide. Social support is needed by the victims to reduce those bad effects. Comfort, attention, awareness, and support from their closest, such as family and relatives can help individual stand up against their cheating husband and self acceptance, build a good relationship with their relatives, personal improvement, knowing their selves, build a comfortable environment, and active their life purpose. Thus the individual who has a cheating husband can also reach the psychological well-being in the presence of social support from those closest. The writing is aimed to see the picture of social support and psychological well-being in Adult Associate that her husband had an affair. This writing using qualitative method, by interviewing four people who had a husband having an affair as subjects. Interviewing took place from April 4 to May 3, 2011.

Key words: social support, psychological well-being, infidelity