

ABSTRACT

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Coping Stres to Woman who have Breast Cancer (Sandi Kartasasmita, M. Psi.); Undergraduated Program of Psychology, Tarumanagara University (87 pages, R1-R3)

This research is focused in emotion that faced by woman who have breast cancer and coping stress which used to reduce the emotion. The purpose of this research is to know the effect of stress which faced by woman who have breast cancer, the way to solve problem, and cause of that stress. Subject in this research consist of five woman who have breast cancer in 3rd stadium and doing treatment, and stay in Jakarta. The age of subject is between 40 until 65 years old. This research use in-depth interview technic to get deep information.

General problem which get in this research are problem with side effect from the treatment, financial problem, or least social support from family and other people. Generally, subject in this research use emotion-focused coping to against or reduce with stress which faced, like doing activity which wanted or liked. For the example, traveling, reading book, looking for social support or with pray to God.

Key word: coping stress, breast cancer