

## ABSTRACT

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**The Effect of Music To Reduction the Anxiety During Dental Treatment (Sandy Kartasasmita, MPsi.) Undergraduate Program in Psychology. Tarumanagara University. (1-76 pages, P1-P3).**

Anxiety is a universal human experience, an emotional response that's not enjoyable, and full of worried, an anticipated reaction, fear that can not be expressed and not narrow, because source of threat or mind about the future is not clear and not defined. Anxiety symptom is divided into two, which is physiology symptom and psychology symptom. The purpose of this study is to understand music effect to anxiety during dental treatment. This research was done for 4 weeks since January 5<sup>th</sup> 2008 until January 26<sup>th</sup> 2008. Subject that participated in this research are three subjects. Data analysis is qualitative with observation the subjects during dental treatment. The research result referring that music have positive effect to reduction the anxiety during dental treatment.

*Keyword: music, anxiety commit dental treatment.*