

ABSTRACT

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A correlations between family support and anxiety for first pregnant women, (Dra. Yulia Suryanggana Singgih and Meiske Yunithree, Psi.): S1 Program Psychology, Tarumanagara University. (1-79 Page, P1-P4).

Purpose of this study is to find a correlations between the two variables, which are family support and anxiety which pregnant women. Family support is an interpersonal transaction by giving help to another person that still have a family and marriage relationship. Anxiety is a manifestation from different emotion which is aroused when a person is depressed, caused by certain troubles concerning him. Family support for pregnant women can decreased anxiety level when they get through the pregnancy period. Questionnaires is used in this research in which distributed to 100 subjects from 2 hospital in Jakarta. The obtained data were processed by *Pearson Correlations*. Result of this study show that there is a significant negative correlation between family support and anxiety for pregnant women $r (100) = -0,470$, $p < 0,01$.

Keyword: Family Support, Anxiety, and Pregnant Women