

ABSTRACT

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The relationship between husband support with menopause anxiety on menopause woman. (Zamralita, MM., Psi., & Lianawati, Psi.); Bachelor Degree, Faculty Of Psychology, Tarumanagara University.

Menopause anxiety is anxiety that caused by physiological and psychological changes during menopause. When woman having menopause anxiety, husband support is primary support that needed to overcome menopause anxiety. The purpose of this research is to knowing the relationship between husband support with menopause anxiety on menopause woman. The subjects for this research were 100 menopause women, age 45-59, East Jakarta, and South Jakarta. Data was taken using questionnaire, and processed with SPSS software version 12.0. From Spearman's rho correlation, the result $r_s(100) = -0.508$, $p < 0.01$. The result showed there is negative and significant relationship between husband support with menopause anxiety.

Keywords: Menopause anxiety, husband support, menopause