

ABSTRACT

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The difference of work stress between the temperaments on psychiatric nurse. (Zamralita, MM, Psi. & Lianawati, Psi.); Psychology Study Programme, Undergraduate Programme, Tarumanagara University. (115 pages + P1-P4)

The purpose of this research is to describe the work stress level at psychiatric nurse and to find out the difference of work stress between the temperaments. According to Robbins (1996), stress is a dynamic condition where an individual is confronted with an opportunity, constraints and demands that related with a person desire and the result was percept as unpredictable and important matter. Constraints and demands in this research are specialized in work environment. One of the factors which influence work stress is temperament. Allport defined temperament as the dispositions of one's behavior that are closely linked to biological or physiological determinants (Hall, C. S., Lindzey, G, & Campbell, J. B., 1998). Hippocrates and Galenus categorized temperament into four groups. The data for this particular research was collected from 83 psychiatric nurses that were questionnaired. The results, which were analyzed with Multivariate Analysis of Variance with Pillai's Trace method of SPSS 13.0 version, indicates that in fact there is a significant difference on work stress between temperaments on psychiatric nurse, $F (36, 210) = 2.231$, $p < 0.01$. The work stress level of psychiatric nurse is low. Even though, sanguine nurses have the highest work stress level and choleric nurses have the lowest work stress level.

Key word : Temperament, sanguine, choleric, work stress.