

ABSTRACT

Elizabeth T Santosa, S.Psi. (707071039)

Effectiveness of Life Skills Education Modules as Preventive Program for Tobacco, Alcohol, and Mariyuana abuse. (Case Study of Public Junior High Shool Students).

(Prof. Dr. Ediasri Toto Atmodiwirjo & Naomi Soetikno, M.Pd., Psi.) Master degree of educational psychology, Tarumanagara University, 132 pages, P1-P7.

One of the challenge facing teenagers (13-16) everyday is drugs abuse especially tobacco, alcohol and marijuana. At this age, teenagers are expected to find their self identity and to make the right decision in life's challenge including the decision not to use drugs. Life skills training program can be used as intervention to deal with life's challenge and to say no to drugs. The following research involve 23 students boys and girls age 13-16 in regular state middle school SMPN X, East Jakarta. The 23 participants were chosen from initial 375 students. In practice, only 23 students who has below average scores participate in Life Skills training program. The instrument used in this research is Life Skills questioner. Analysis method used in this research is Independent Sample T-Test. The results is as following: (a) Life Skills intervention program could increase teenagers towards life skills significantly as high as 13.33%; (b) life skills intervention program is considered to be succesfull in increasing teenagers tendency to say no to the abuse of tobacco, alcohol and marijuana significantly as high as 12.63%

Keywords: adolescene, lifeskills, tobacco, alcohol, mariyuana, preventive

Bibliography: 66 (1975-2009)