

## **ABSTRACT**

**Stella Francis, S. Psi.**

**Brief Psychotherapy to Cope Posttraumatic Stress Disorder that Caused by Domestic Violence (Henny E. Wirawan, M. Hum., Psi.); Graduated Program in Psychology, Tarumanagara University (137 pages+R1-R4)**

The majority of wives that experienced domestic violence chose to maintain their marriage, because of the emotional and economic bonding with their husband and the stigmatization from society (Munti, 2005). Sometimes, the wife chose to leave her husband, because she has experienced severe violence (Kurniawan, 2000). Separation from her husband, gives psychological problems, such as posttraumatic stress disorder, that made wife to be treated (Walker, 2000). The research tried to show the role of brief psychotherapy in handling violence's effect that experienced by wife. This research involved four research subjects that experienced domestic violence. Research technique using by in-depth interview, WBIS administration, observation refers to Mental Status Examination (MSE), and brief psychotherapy. This research shows that brief psychotherapy can be used to treat posttraumatic stress disorder, especially after the divorce.