

## **ABSTRACT**

**Made Hinda Arnita, S. Psi. "Reality therapy for handling young male adult's adjustment who has diagnosed HIV/AIDS"**

**(ix + 144 pages + P1-P4)**

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HIV is a virus causes AIDS, a condition in humans in which the immune system begins to fail. Most people with HIV/AIDS receives discrimination and psychosocial reactions from their family, lover, peer group, and community. It makes them become passive, avoiding their community, and have some difficulties to adjust with others. Reality therapy is one of therapeutic method that could help someone to handle their adjustment problems by taking responsibilities to renewing their coping strategies, so they can reach their needs, adjust, and deal with peoples. The subjects of this research are four people, but only one who finished the intervention. Based on the result of this research, it can be concluded that reality therapy can help adjustment for young male adulthood.

Keywords: HIV/AIDS, adjustment, reality therapy

References: 41 (1968-2009)