

ABSTRACT

TASHA CHRISTINA TJANDRA, S.PSI. “THE EFFECTIVITY OF PLAY THERAPY TO REDUCE SYMPTOMS OF ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD) ON MIDDLE CHILDHOOD”

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Prof. Dr. Samsunuwiyati Mar’at

Naomi H. Soetikno, Psi.

The aim of this research is to identify the effectiveness play therapy to reduce ADHD symptoms at middle childhood age. ADHD is one of disorder at children which include several symptoms such as reduce the ability to concentrate, hyperactive and impulsive. Play therapy give the indication that become one of the combination method to carry children that have difficulty to concentrate in the study and also difficulty to interact to the surrounding environment. This research have been done by approximately two months from March 2009 to May 2009 which include three types of play such as fold the paper, listening the story and colouring. The result of this research from two subjects indicated that play therapy is one of the activity that fun, help to keep concentration level, increase the ability to follow the instruction, increase the motoric ability and increase the ability to interact with the environment.

Key words: ADHD, play therapy

References: 26 (1988 – 2008)