

ABSTRACT

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**Self Concept of Single Middle-Aged Career Woman; Linda Wati, M. Psi;
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Pages; R1-R5; Appdx 1-27)**

This research aims to describe self-concept of single middle-aged career woman. Rogers (1961) defined self-concept as the total system of perceptions and meanings making up individual's whole experience which is recognized and symbolized by the individual as "me" or "I". Self-concept represents descriptive mental picture of one's abilities and traits. The method called in-depth interview was conducted towards five single middle-aged career women (aged from 43 to 60 years old). This study lasted for six months, started from January 2015 until June 2015. The result shows that the five subjects faced challenges on their single status. Generally, three out of five subjects have rather negative self-concept. Subjects with rather negative self-concept do not receive unconditional positive regard from parents, have meager social interactions, and have experiences that are not consistent with their view of self. While subjects with rather positive self-concept receive unconditional positive regard from parents, have fairly good social interactions, and have experiences that are consistent with their view of self.

Keywords: Self-Concept, Single Woman, Career Woman, and Middle-Aged Woman