

ABSTRACT

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Description of Anxiety in Young Adult Women Who Undertook an In Vitro Fertilization Program (Henny E. Wirawan, M. Hum., Psi., QIA.); Bachelor Degree of Psychology, Tarumanagara University. (118 pages, R1-R3, Appdx1-Appdx24)

The aim of this research is to make the anxiety description of young adult women who take in vitro fertilization program. The subjects were four young adult women between the ages of 30-36 years old, who were judged to be unable to have a baby normally and had been married for at least three years. They have been accepted into an in vitro fertilization program to get first child and succeed with it minimal three months pregnancy. Research using in-depth interviews found that all subjects felt anxious during go along with in vitro fertilization program. Subjects felt anxious about risk, anxious during take the program, anxious whilst waiting for the program results, and anxious about failure. During the program, all subjects felt anxious, especially whilst waiting for the program results. Even when they had passed the program and were pregnant, the anxiety still existed. All the subjects dealt with it in various ways, especially by keeping closer to God and positive thinking. On the other hand, social support that was received during the program helped them to reduce the emerging anxiety.

Keywords: Anxiety, In vitro fertilization, Young adult women.